CCJ Kit List

□ Uniform	□ Deodorant
☐ Heavy Sweater/warm jacket	□ Comb
☐ Rain Gear and Hat	☐ Daypack to carry sunscreen, water bottle, lunch, extra socks, water shoes, swimsuit, and towel
☐ Footwear for Rain weather	
☐ Closed Toed Footwear	□ Camp pillow
☐ Old or water footwear for river	□ Bed Buddy (stuffed animal)
☐ Swim suit and Towel	☐ Sleeping bag(summer weight)
□ Sunglasses (100% UV)	☐ Foam pad or thermarest
☐ Wide-brimmed Sun hat	☐ Ground sheet for inside tent
☐ Plastic bag for dirty laundry	□ Camp Chair or "Sit Upon"
☐ Cub emergency kit	☐ Whistle attached to day pack
□ Sunscreen	☐ Flashlight and spare batteries
□ Lip chap	☐ Insect repellent (non-aerosol)
☐ Face cloth and extra towel	☐ Water bottle (refillable and leakproof)
□ Soap in container	☐ Medications (labelled and sealed in Ziploc
☐ Toothbrush and paste	bag in original containers and turned into leader
All items must be clearly labelled with the name and unit of the owner to assist lost and found in returning misplaced materials. Please pack all of your gear in a large backpack or duffle bag that the youth can carry. Do not use suitcases with wheels or garbage bags.	
Also include enough of the following for seven days:	
☐ 7 T Shirts and 2 long-sleeved T-Shirts☐ At Least 2 pair Long Pants☐ 7 Shorts	☐ 7 pairs of Underwear☐ Pyjamas☐ 7 pairs of Socks
The following items are optional but may prove useful: ☐ Small rock(about the size of your palm) or bigger ☐ Camera	
☐ Trading materials i.e. badges	☐ Pencil/ notebook/reading material
☐ Musical Instruments/song book	□ Campfire blanket